



# 2026 UMS Martial Arts SUMMER CAMP

6343 Columbia Pike, Falls Church VA 22041 / 703-914-1110



- Dates: June 22<sup>nd</sup> – August 21<sup>st</sup>
- Hours 7:30am – 5pm (\$8 per extra hour after 5:00 pm)
- \$329 a week / Free Uniform 4 weeks & more / \$10 off for additional family members /
- Registration Fee \$40 (include one Camp T-shirt)
- **Taekwondo** Uniform \$70,
- Who can attend: 5- to 12-year-old students  
(13 years & up need special permission from Grand Master Um)
- Taekwondo, Discipline, Self-confidence, Focus, Exercise... more

\* The Korean embassy is requiring a reservation. We will announce as soon as the reservations are confirmed

**Camp Includes:** Taekwondo classes, Korean Embassy, Waterpark, Zoo, Flower Garden, Laser tag in studio, Bounce house in studio, Parks, Movies in studio, Sports, Korean Language etc. ....  
**Field Trip Fee will apply for:** Chuck E. Cheese, Movie Theater



Visit our site [umsKICK.com](http://umsKICK.com) [umsmartialarts@gamil.com](mailto:umsmartialarts@gamil.com)  
Any questions? Text/call 703-914-1110

## **2026 Summer camp schedule**

### MON

**7:30 AM** Kiss & Ride between 7:30 – 9:30 am.  
Play quiet activities, games, movie.

**9:40 AM** The camp begins! Dojang rules;  
Learn mannerism. Martial Arts introduction  
1 wk. Sword 2wk. Nun Chuk 3wk. Kickboxing  
4 wk. Sword 5wk. Nun Chuk 6wk Kickboxing  
7wk Sword 8wk. Nun Chuk

**11:30 AM** Lunch & rest; Supervised free time.  
Board games, Legos, blocks.

**12:50 PM** **Weapons activity with obstacle course**  
**Dodge ball, Music sparring with no contact,**  
**Learning organization, Discipline exercise**

**3:15 PM** Taekwondo meditation clean-up  
Responsibility and snack time

### TUE

**7:30 AM** Kiss & Ride between 7:30 – 9:30 am.  
Play quiet activities, games, movie.

**9:30 AM** Weapon Class: Weapon tech and punching  
practice, Target striking, Dummy bag striking,  
Combination tech.

**11:00 AM** **Lunch & go to the Field Trip**  
Week 1. Sword tech. Korean Embassy  
Week 2. Nun Chuck. Air and Space Museum  
Week 3. Kickboxing, Chuck E cheese  
Week 4. Sword tech, Movie Theatre  
Week 5. Nun Chuck, Chuck E Cheese  
Week 6. Kickboxing, Korean Embassy and Zoo  
Week 7. Sword tech, Laser Tag in stuido  
Week 8. Nun Chuck, Chuck E Cheese  
Week 9. Kickboxing, Zoo + Bounce House

Return to the dojang, Taekwondo meditation  
and stretch, learn to organize & clean-up  
**2:45 PM** Responsibility and snack time

**3:45** Camp ends: Quiet-activity until **parents pick up**

### WED

**7:30 AM** Kiss & Ride between 7:30 – 9:30 am.  
Play quiet activities, games, or watch a movie.

**9:30 AM** TKD Class: One-step sparring & free sparring  
Posture and movement. Combination steps

**11:00 AM** Lunch & rest; Supervised free time  
Board games, Legos, block, etc.

**3:15 PM** Taekwondo discipline and meditation,  
Learning organization & clean-up responsibility  
and snack time

**3:45** Camp ends: Quiet-activity until **parents pick up**

### THUR

**7:30 AM** Kiss & Ride between 8:30 – 9:40 am.  
Quiet-time activities, games, or movie.

**9:30 AM** Taekwondo Discipline and go over rules of the  
Waterpark

**10:00** **Go to the Waterpark**

**2:45** Return to the Dojang, Lunch/Snack time, Meditat  
Taekwondo discipline – learn to organize  
& clean-up; Responsibility and snack time.

**3:45** Camp ends- Quiet activity until **parents pick up**

### FRI

**7:30 AM** Kiss & Ride between 8:30 – 9:40 am.  
Play quiet activities, games, or watch a movie.

**9:30 AM** Taekwondo: Practice breaking techniques, and  
Movie style sparring. Obstacle course

**11:30 AM** Lunch Time & rest; supervised time:  
Game day!

**1:00** Taekwondo Board Breaking Techniques

**3:15 PM** Taekwondo discipline – learn to organize &  
clean-up; Responsibility and snack time

**3:45PM** Camp ends: Quiet-time activity  
until **parents pick up**

- **Schedule is subject to change.**
- **Bring own Lunch and Snacks every day.**
- **On Chuck E Cheese field trip days, lunch is provided. (only bring snacks)**
- **Not allowed to bring any kind of nuts.**

- **Mon, Tues, Wed, Fri – wear uniform**
- **Tue. and Thur. – Camp T-shirt**
- **Thursday – Swim suit and sun screen**

# 2026 Summer camp Registration forms

Guardian Name:		Email:	
Address:			
Home Phone:		Work Phone:	Cell Phone:
Emergency Contact Name:		Relation to student:	
Phone:			
Student 1:		Age:	Gender: M or F
Student 2:		Age:	Gender: M or F
Student 3:		Age:	Gender: M or F
Any health conditions to be aware of?			

1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>	9 <input type="checkbox"/>
6/22 - 26	6/29 - 7/3	7/6 - 7/10	7/13 - 17	7/20 - 24	7/27 - 31	8/3 - 8/7	8/10 - 14	8/17 - 21
Pd. _____ Korean Embassy Sword	Pd. _____ Air and Space Nun Chuk	Pd. _____ Chuck E cheese Kickboxing	Pd. _____ Movie Theatre Sword	Pd. _____ Chuck E cheese Nun-chuk	Pd. _____ Korean Embassy+Zoo Kickboxing	Pd. _____ Air and Space Sword	Pd. _____ Chuck E Cheese Nun Chuk	Pd. _____ Zoo and Moon Bounce

\*Camp hours: 7:30am – 5pm \*Camp fee: \$329 a week (\$8 per extra hour care after 4:30pm)  
 \$10 discount for additional family members / **Free Uniform** for signing up for 4 weeks or more  
**\$50 Deposit/per week is required upon registration for each student to hold your spot. It is not refundable.**  
 \$40 Registration Fee will include UMS Camp T-Shirt. \$70 Taekwondo Uniform (if already have it don't buy again)  
 \*4 weeks & more, camper receives 2 T-shirts. \*1~3 weeks camper receives 1 T-shirt.  
 If paying weekly, the Camp fee will be charged on Friday (10 days before.)  
 Field Trip: Chuck E Cheese \$40(include Tokens), Movie Theater \$30 (include popcorn & drink)

Registration fee: _____ Deposit: _____ \$ _____ ck _____ CC _____ Pd On: _____ / _____ / _____ INITIALS	CK _____ CC _____ CA _____ Pd On: _____ / _____ / _____
<b>CALCULATIONS &amp; PAYMENT:</b>  Camper 1 _____ <b>X</b> _____ = \$ _____ <small>WEEKLY RATE # OF WEEKS</small>  Camper 2 _____ <b>X</b> _____ = \$ _____ <small>10% OFF WEEKLY RATE # OF WEEKS</small>  Camper 3 _____ <b>X</b> _____ = \$ _____ <small>10% OFF WEEKLY RATE # OF WEEKS</small>  <b>TOTAL \$ _____</b>	Credit Card: _____ <small>*requires</small>  Exp. Date: _____ / _____ CVS code: _____ <i>We will charge every Friday 10days before camp start</i>  <ul style="list-style-type: none"> <li>TKD Uniform:                      Camp T shirts:</li> <li>Sword \$35:                              Nun Chuk \$25:</li> <li>Kickboxing Glove \$25:</li> </ul>

# TERMS OF AGREEMENT

## Payment and Modification Policy

Registration payment reserves space for the camper(s) listed above. All payments are non-refundable. Payment for a week secures enrollment for the entire week, even if the camper(s) does not attend all days.

If payments are not received by the due date, the camper(s) will not be permitted to attend camp. Weekly payments are due 10 days prior to the start of the camp week (Friday). Failure to make payment on any due date—whether in person or due to a declined credit card—will result in cancellation of the participant's registration.

If a payment (credit card or check) is declined on the due date, a \$15 declined payment fee will be assessed.

Due to limited space, changes to selected camp weeks are not guaranteed. The camp schedule is subject to change based on circumstances beyond our control.

If a camper is unable to attend due to physical reasons (e.g., a broken leg), a doctor's medical note must be provided for payments to be applied toward future camps or Taekwondo memberships.

## Additional fees:

- \$25 service fee for bounced checks
- \$25 service fee for modification of camp weeks (does not apply to adding weeks in advance)
- \$8 per additional hour for pickup after 4:30 p.m.

Failure to make required payments may result in referral to a collection agency.

## Waiver and Release of Liability

I, as the legal guardian of the child(ren) listed above, acknowledge that participation in martial arts and fitness activities involves strenuous physical activity and carries inherent risks of injury and/or illness. I affirm that I have taken all reasonable steps to ensure that my child(ren) is/are in good health and physically capable of participating in the programs offered by UMS Martial Arts.

I understand and agree that participation in all programs, use of equipment or facilities (on or off premises), and participation in field trips shall be at our own risk. I acknowledge that children with food allergies must bring their own lunch and snacks.

I authorize the officers and personnel of UMS Martial Arts to transport my child(ren) as necessary. In the event of a medical emergency, I authorize UMS Martial Arts and its personnel to seek medical treatment for my child(ren), including emergency treatment deemed necessary by the attending physician.

I hereby release, indemnify, and hold harmless UMS Martial Arts, its officers, agents, and employees from any and all claims, demands, damages, costs, liabilities, or expenses (including attorney's fees) arising directly or indirectly from participation in UMS Martial Arts programs, use of facilities, transportation, or presence on or off premises.

I understand that UMS Martial Arts assumes no responsibility for injuries or illnesses resulting from my child's physical condition or participation in athletic activities, sports programs, transportation, or field trips (including but not limited to pools, movie theaters, embassies, Chuck E. Cheese, etc.). I assume all risks associated with participation and waive any claims for injury, illness, death, or property damage.

UMS Martial Arts is not responsible for lost, stolen, or damaged personal property.

## Transportation & Medical Authorization

I grant permission for my child to be transported by UMS Martial Arts for camp activities. Advance notice will be provided prior to outings whenever possible.

In the event of a medical emergency, every effort will be made to contact me or my designated emergency contact. If neither can be reached, I authorize UMS Martial Arts to secure necessary medical treatment, including hospitalization.

## Camp Enrollment Minimum

Camp sessions will be canceled if enrollment is four (4) students or fewer.

## Loss, Damage, or Theft of Property

I understand and agree that UMS Martial Arts and its personnel are not responsible for personal property that is lost, damaged, or stolen on or off premises or during field trips.

## Photography Release

I authorize UMS Martial Arts to photograph or record me or my child(ren) and to use such images for promotional or marketing purposes. I understand that no compensation will be provided for such use.

**Guardian Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_